



## Manchester Integrated Drug and Alcohol Service

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### Presented by:

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Our goal is to help service users regain control, change the direction of their lives, grow as a person and live life to its full potential.

# Service Overview

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**Cgl:** Who are we

**Cgl:** What services do we deliver in Manchester?

**Our Vision:** To deliver, in partnership with the wider assets and agencies of the City, a dynamic service passionate about improving peoples lives in Manchester

**Our Aim:** To reduce harm and promote discovery and/or recovery from substance use by providing timely, accessible and welcoming services which reduce stigma and barriers.

**April 2018:** Service Enhancements



# Model

## Manchester Integrated Drug and Alcohol Service

Model of Delivery



### ENGAGEMENT AND EARLY INTERVENTION

#### Harm Reduction and Outreach

Outreach Recovery Coordinator Needle Exchange / Harm Reduction, Hospital Liaison, Dried Blood Spot Testing, Naloxone, Hostels, Homelessness, Under represented groups

#### Engagement and Assessment

Assessment Alcohol / Non-opiates, Community Working, Dried Blood Spot Testing, Brief Intervention / Extended Brief Intervention, Prison Liaison, Young People, Hidden Harm community Events, Young Adult, Needle Exchange Provision

### TREATMENT

Alcohol – See 'Alcohol Model'

Assessment Opiate Users, Titration and Dose Optimisation, Psycho-Social Interventions, Counselling, Foundations of Recovery, 1:1s, Pod/Group work, Attrition and Re-engagement, Young People, Young Adult Workers, Case Management, Risk Management, Community and in-patient detoxification, healthcare

### RECOVERY SUPPORT

Family Work Support, Employment and Education, Training and Volunteering, Peer mentoring, Foundations of Life, Mentoring in the communities, Links with wider community resources

# Prevention and Self Care

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- Provided 22 training sessions in last quarter, led by Outreach and Harm Reduction Team.
- Topics- Spice Awareness, Overdose Awareness (Take home Naloxone Provision) and Drug Awareness.
- Organisations have included GMP, housing providers, homelessness services, Manchester University, Acute and Mental Health Trusts.
- Presence at Freshers Week both at the Universities and local colleges to provide information and raise awareness.
- Regular awareness session run in conjunction with the Universities for students using substances in halls.



# Re-focusing on Harm Reduction

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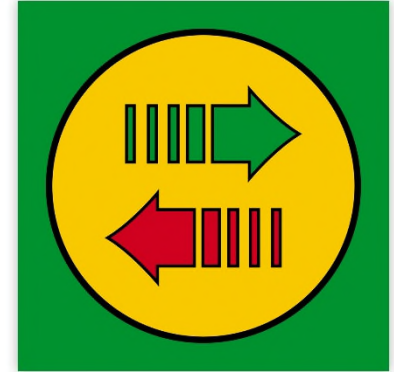
Partnership working with key partners addressing Homeless population issues working with Rough Sleepers team, Mental Health and Primary Care.

Contributing to partnership homelessness outreach rota across the city

Developing a bespoke training program for Community Pharmacy Needle & Syringe Provision and continuing & developing bespoke advice & interventions for steroid users

Feeding into the research by Manchester Metropolitan University on drug related litter

Increasing awareness and treatment responses to Spice





# Engagement and Early Intervention

- Open access, including low level groups to promote engagement provided by peer mentors, for example art groups, breakfast club.
- Outreach to increase engagement for those with high levels of complexity (Lifeshare, Barnabus, Booth Centre, street outreach).
- In last quarter 103 Brief Interventions, 15 Assessments carried out on outreach).
- Community venues across the city including Chatterbox in Blackley, Northmoor in Longsight and The Forum in Wythenshawe.



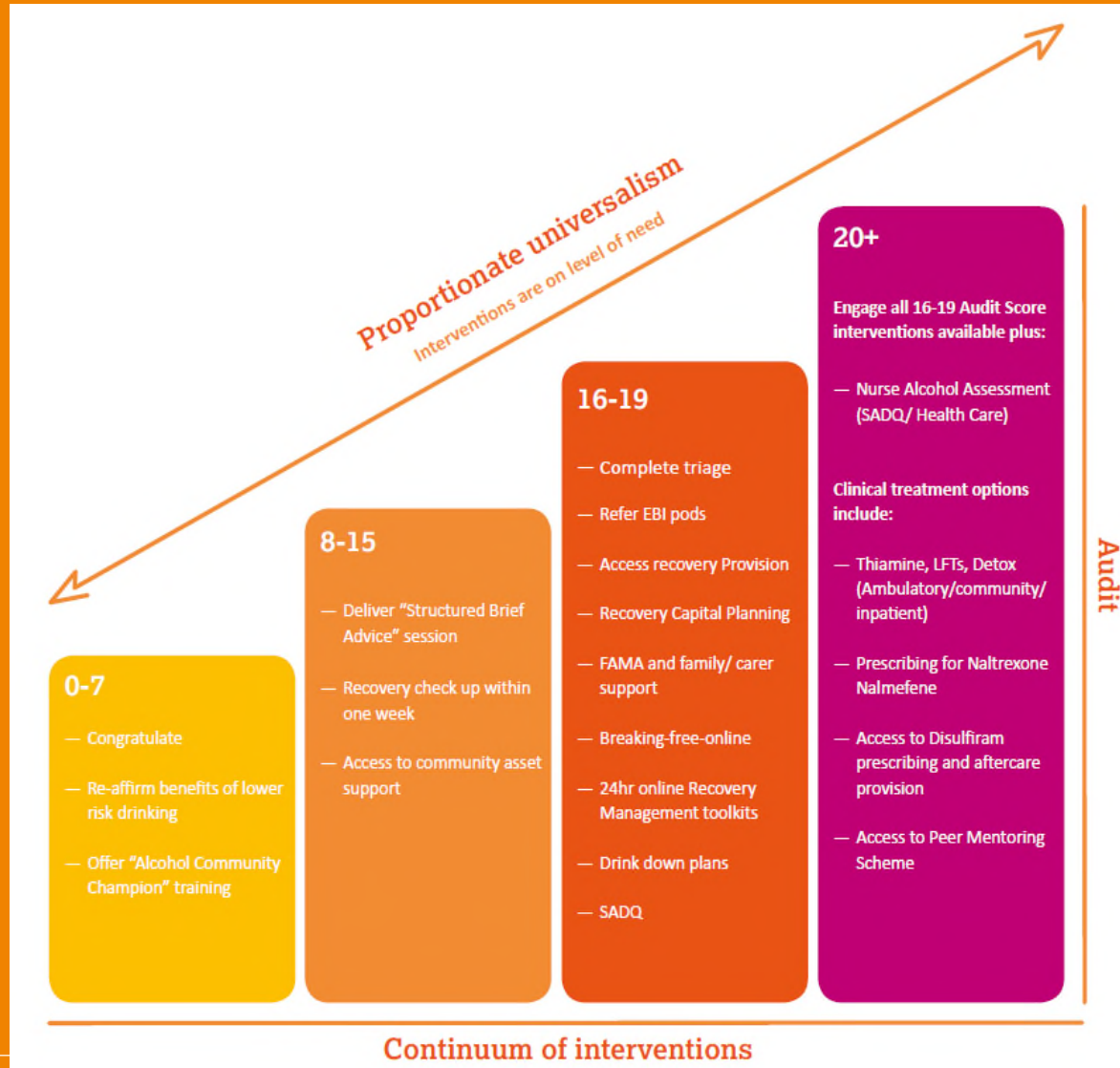
# Structured Treatment

Fully Integrated Service

Combined interventions

Clinical and Psychological Treatment.

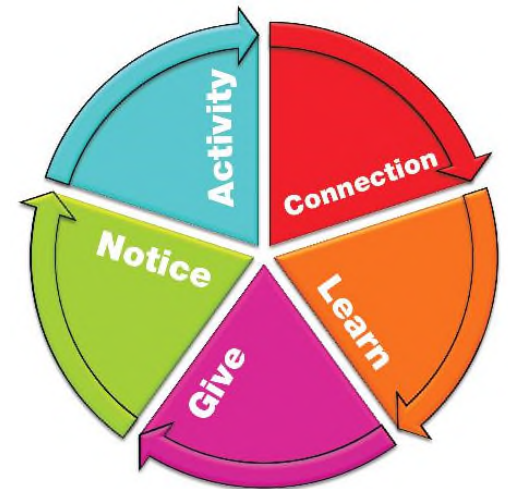
Runs from core sites and community venues



# Recovery Support

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- Progression through the service into mentoring, recovery check ups, facilitated access to mutual aid, education, volunteering and employment.
- Family support groups, one to one counselling available for significant others commencing February.
- Post discharge follow up
- The Growth Company
- Focusing on Social Prescribing, Community Volunteering, Supporting Communities In Charge of Alcohol in Newton Heath & Miles Platting





# Developments

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- ✓ Full Integration of Young Persons service, with new posts to work with Hidden Harm and young adults (18-25)
- ✓ Digital Offer
- ✓ Peer 2 Peer Harm Reduction Training
- ✓ Increased accessibility across the city with additional community hubs, clinical intervention van, nurse outreach input.
- ✓ Strengthen hospital liaison with dedicated posts to reduce readmissions and pressures



# Thank you

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We'd now like to introduce Nina

And would be happy to take questions